

PCT Trainer Candidate  
Application  
November 2023

**It is expected that every applicant feels competent and confident in using the skills and tools presented in Person Centered Thinking training prior to applying to become a PCT trainer candidate.**

Name \_\_\_\_\_

Organization \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

1. What does person centeredness mean to you?

2. Why do you want to become a Person-Centered Thinking trainer?

3. What experience do you have with teaching adult learners?

4. Managing group dynamics is one of the skills needed to be an effective trainer. List some experiences you have had with managing group dynamics (i.e. teams, meetings etc...)

5. Describe your experience in developing and growing plans with people.

6. Have you attended the PCT training?

- a. When?
- b. Who taught?

***The following question on this application is weighted heavily. Please take time to be thorough with your answer.***

7. After having attended Person-Centered Thinking training, please tell us about 3 people with whom you used the PCT skills and describe how the skills were helpful. You must answer questions a-d for each person. To provide ample space for recording your answers, there is a section dedicated to each person.

**Person 1:**

- a. The person's first name (or a pseudonym);
- b. Which of the PCT skills you used. Please check the one you used.
  - 1. \_\_\_ Sorting Important to/important for
  - 2. \_\_\_ The Donut sort
  - 3. \_\_\_ Matching staff
  - 4. \_\_\_ Communication chart
  - 5. \_\_\_ Good day/Bad day
  - 6. \_\_\_ Working/Not working
  - 7. \_\_\_ Morning ritual
  - 8. \_\_\_ 4 + 1 Questions
  - 9. \_\_\_ Learning log
  - 10. \_\_\_ 2 minute drill
  - 11. \_\_\_ Relationship map
  - 12. \_\_\_ Other \_\_\_\_\_ (please specify)

c. The reason you chose that skill for that specific person. What did you hope to find out about the person and how did the skill you chose help you out? What did you hope to gain from using the particular skill with the person?

d. The outcome including:

- i. What you learned about the person and the process;
- ii. What changes occurred as a result of using the skill; and
- iii. What, if anything, you would do differently using this skill in the future.

**Person 2:**

- a. The person's first name (or a pseudonym);
- b. Which of the PCT skills you used. Please check the one you used.
  1.  Sorting Important to/important for
  2.  The Donut sort
  3.  Matching staff
  4.  Communication chart
  5.  Good day/Bad day
  6.  Working/Not working
  7.  Morning ritual
  8.  4 + 1 Questions
  9.  Learning log
  10.  2-minute drill
  11.  Relationship map
  12.  Other \_\_\_\_\_ (please specify)
- c. The reason you chose that skill for that specific person. What did you hope to find out about the person and how did the skill you chose help you out? What did you hope to gain from using the particular skill with the person?
- d. The outcome including:
  1. What you learned about the person and the process;
  2. What changes occurred as a result of using the skill; and
  3. What, if anything, you would do differently using this skill in the future.

**Person 3:**

- a. The person's first name (or a pseudonym);
- b. Which of the PCT skills you used. Please check the one you used.
  - 1. \_\_\_ Sorting Important to/important for
  - 2. \_\_\_ The Donut sort
  - 3. \_\_\_ Matching staff
  - 4. \_\_\_ Communication chart
  - 5. \_\_\_ Good day/Bad day
  - 6. \_\_\_ Working/Not working
  - 7. \_\_\_ Morning ritual
  - 8. \_\_\_ 4 + 1 Questions
  - 9. \_\_\_ Learning log
  - 10. \_\_\_ 2 minute drill
  - 11. \_\_\_ Relationship map
  - 12. \_\_\_ Other \_\_\_\_\_ (please specify)
- c. The reason you chose that skill for that specific person. What did you hope to find out about the person and how did the skill you chose help you out? What did you hope to gain from using the particular skill with the person?
- d. The outcome including:
  - 1. What you learned about the person and the process;
  - 2. What changes occurred as a result of using the skill; and
  - 3. What, if anything, you would do differently using this skill in the future.

8. Do your supervisors and organization support and understand your commitment and responsibilities to the PCT training process?

Are you willing to conduct 1 of the 2 required yearly trainings at a location in your region other than your own agency?

9. Once you become a PCT trainer, would you be willing or interested in doing person centered training sessions for which you are paid, with/for the following audiences?

- |                     |                    |
|---------------------|--------------------|
| a. ___ older adults | ___ self-advocates |
| b. ___ students     | ___ other _____    |
| c. ___ families     |                    |

10. Please complete the attached Learning Style Inventory and read the information about learning styles (see <http://marciaconner.com/assess/learningstyle/>). This will be important information for you and your mentor trainer to discuss.

- What is your primary learning style?
- Secondary learning style?
- Do you agree with the learning style assessment?

11. Please share thoughts or ideas about how you learn best with your mentor trainer.

12. What is your understanding of the time commitment required to get through the PCT Trainer Candidate Process? Please be specific.

**References:** Please provide 2 letters of recommendation that address your training experience and ability and your passion for person centered practices.

Please confirm that you have read each document.

I have read the criteria for becoming a PCT trainer from The International Learning Community for Person Centered Practices (TLCPCP).

I have read the Virginia Guidelines.

I have read about PCT Sessions - Structure and Practice.

I have read the fee schedule for becoming a person-centered thinking trainer.